



October 2018
Kosher Senior Café at Temple Sinai
30 Hagen Avenue, Cranston, RI 02920
401-743-0009

- Friday, October 5 Chicken Soup, **Honey Chicken**, Roasted Potatoes, Cauliflower,
Peach Cobbler, Challah
11:00 Big Money Bingo
1:00 Kibbitz with Susie Adler
- Friday, October 12 Chicken Noodle Soup, **Meatloaf with Gravy**, Bake Potato,
Steamed Broccoli, Baked Apples, Challah
11:00 Constance from Integra on “Advanced Care Directives”
1:00 Kibbitz with Stacey Lefever
- Friday, October 19 Chicken Soup, **Lemon Chicken**, Spaghetti with Marinara
Zucchini, Cupcake, Challah
11:00 Bake Apple Strudel
12:30 Birthday Music with Hagop
- Friday, October 26 Chicken Soup, **Chicken Marsala**, Baked Sweet Potato,
Roasted Vegetables, Blueberry Turnover, Challah
11:15 Dance Therapy with Donna
1:00 Book Club

SAVE THE DATE: Friday, December 7 Hanukkah Party at the Dwares JCC

Contact Tim at Blackstone Health with concerns regarding food allergies: 365-1101.

All Programs are FREE.
A donation of \$3 for lunch is requested from those age 60 and over or with a disability.
Lunch reservations are required 2 days before requested date.
Call Neal or Steve at 401-743-0009.

JCS Kosher Senior Café is brought to you with assistance from:



Blackstone Health



Jewish Alliance
OF GREATER RHODE ISLAND