





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Tossed Salad Fish with Crumb Topping Roasted Potatoes Broccoli, Tapioca Pudding 11:00 Yoga With Neal 1:00 Kibbitz</p>	<p>3 Chilled 100% Juice Italian Grinder on Wheat Roll, Lettuce & Tomato Orzo Vegetable Salad, Fruit 11:00 Games 1:00 Kibbitz</p>	<p>4 Closed Independence Day</p> 	<p>5 Chunky Tomato Soup Salad Plate with Lettuce, Tomato, Potato Salad, Boiled Eggs & Tuna Chocolate Pudding 11:00 Games/1:00 Kibbitz</p>	<p>6 Chicken Soup Meat Loaf with Gravy Mashed Potatoes , Peas Peach Crisp, Challah 11:00 Dance with Donna 1:00 Rabbi Franklin</p>
<p>9 Tortilla Soup Cheese and Caramelized Onions Quesadilla with Sour Cream & Salsa Sautéed Cauliflower Yellow Rice, Fruit Salad 11:15 Workout with Dave</p>	<p>10 100% Apple Juice Meatball Sub Israeli Salad Fresh Fruit Salad 11:00 Games 1:00 Kibbitz</p>	<p>11 Corn Chowder Sole with Crumb Top Wild Brown Rice Mix Carrots Elephant Ears 10:00 Advanced Care Plan 11:00 Dance with Donna</p>	<p>12 Lentil Soup Chef's Salad with Egg & Cheese Multi Grain Bread Fresh Fruit 11:00 Games 1:00 Kibbitz</p>	<p>13 Chicken Soup Chicken Schnitzel Brown Rice Grilled Vegetables Challah, Apple Strudel 11:00 Tai Chi 1:00 Kibbitz</p>
<p>16 100% Apple Juice Hamburger on a Roll Lettuce & Tomato Vegetable Pasta Salad Peaches 11:30 Yoga With Neal 1:00 Kibbitz</p>	<p>17 Tossed Salad Vegetable Chili with Cheese, Beans, and Corn Tortilla Chips Flan 11:00 Games 1:00 Kibbitz</p>	<p>18 Vegetable Soup Roasted Vegetables & Cheese Croissant Orzo Salad Chocolate Cookies 11:00 Dance with Donna 1:00 Kibbitz</p>	<p>19 Tossed Salad Eggplant Rollatini Whole Wheat Pasta with Marinara Sauce Fresh Fruit Cup 11:00 Games 1:00 Kibbitz</p>	<p>20 Lemonade Barbequed Chicken German Potato Salad Coles Slaw Pineapple Upside Down Cake 11:15 Tara: Keshet SW 12:30 Hagop on Violin</p> 
<p>23 Vegetable Soup Knockwurst on Bun Tater Tots Coleslaw Peaches 11:00 Workout with Dave 1:00 Kibbitz</p>	<p>24 Barley Mushroom Soup Noodle Kugel with Sour Cream and scoop of tuna Tossed Salad Tapioca Pudding 11:00 Games 1:00 Kibbitz</p>	<p>25 Potato Leek Soup Tilapia with Crumb Top Buttered Noodles Steamed Broccoli Broccoli, Fresh Fruit 11:00 Dance with Donna 1:00 Kibbitz</p>	<p>26 French Onion Soup Crust-less Quiche with Spinach & Cheese Home Fries Chocolate Chip Cookie 11:00 Patriotic Cookie Bake 1:00 Kibbitz</p>	<p>27 Celebrate Providence Matzo Ball Soup Brisket Kasha Varnishkes Broccoli, Watermelon 11:00 Providence Civic Orchestra of Senior Citizens</p>
<p>30 100% Apple Juice Chicken Pot Pie with Peas & Carrots Tossed Salad with Dressing Diced Pears 11:00 Yoga With Neal 1:00 Kibbitz</p>	<p>31 Split Pea Carrots Soup Tuna Salad & Potato Salad Lettuce, Tomato & Cukes Multi Grain Bread Chilled Melon 11:00 Games 1:00 Book Club</p>	<p>JCS Kosher Senior Café is supported by The Jewish Alliance of Greater RI and Blackstone Health, Inc.</p>	 BLACKSTONE HEALTH  Jewish Alliance OF GREATER RHODE ISLAND	<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101 Suggested Donation \$3.00</p>