





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</b></p>	<p><b>Kosher Senior Café brought to you with assistance from</b></p> 	 <p><b>BLACKSTONE HEALTH</b></p> <p><b>Suggested Donation \$3.00</b></p>	<p><b>1</b> Cream of Carrot Soup <b>Noodle Kugel with Sour Cream,</b> Tossed Salad with Tuna Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>2</b> <b>Chicken Noodle Soup</b> Chicken Marbella Mediterranean Couscous String Beans Elephant Ears, Challah <b>Tai Chi</b></p>
<p><b>5</b> Vegetable Soup <b>Egg Salad Grinder</b> Vegetable Pasta Salad Jell-O</p> <p><b>BINGO</b></p>	<p><b>6</b> Cabbage Soup <b>Shepherd's Pie</b> Fresh Fruit <b>Yoga with Neal</b></p>	<p><b>7</b> 100% Orange Juice <b>Bagels with Cream Cheese,</b> Lox, Lettuce, Tomatoes, and Red Onion Pudding <b>Rabbi Philmus</b></p>	<p><b>8</b> Minestrone Soup <b>Spinach Lasagna</b> Italian Veggie Mix Fresh Fruit <b>International Woman's Day</b></p>	<p><b>9</b> Chicken Soup <b>Lemon Chicken</b> Roasted Potatoes, Broccoli Brownie, Challah <b>Good Health and Finance with Lara Amaral</b></p>
<p><b>12</b> Split Pea Soup <b>Salisbury Steak with mushroom gravy</b> Potato Wedges Broccoli, Sliced Peaches</p> <p><b>BINGO</b></p>	<p><b>13</b> Mushroom Barley Soup <b>Spinach and Cheese Calzone</b> Tossed Salad Fresh Fruit <b>Yoga with Neal</b></p>	<p><b>14</b> Tossed Salad, <b>Sole with Crumb Topping</b> Mashed Potatoes Mixed Vegetables Pudding</p> <p><b>BINGO</b></p>	<p><b>15</b> Escarole Bean Soup <b>Pasta Primavera</b> Tossed Salad Sliced Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>16</b> Chicken Soup <b>Roasted Chicken</b> Baked Sweet Potato, Zucchini Chocolate Cake, Challah <b>Music with Fishel Bresler</b></p>  
<p><b>19</b> Vegetable Soup <b>Chicken Cacciatore</b> Egg noodles Peas Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>20</b> Corn Chowder <b>Fish Cakes</b> Brown Rice Pilaf Steamed Broccoli Mixed Fruit <b>Yoga with Neal</b></p>	<p><b>21</b> 100% Apple Juice <b>Roasted Vegetables and Cheese Croissant</b> Orzo Salad Chocolate Cookies <b>URI</b></p>	<p><b>22</b> Onion Soup <b>Zucchini and Cheese Quiche</b> Home Fries Chopped Salad Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>23</b> <b>Model Community Seder</b> Matzo Ball Soup <b>Chicken Marsala</b> Farfel Stuffing Mixed Vegetable, Egg Matzo Passover Dessert</p>
<p><b>26</b> <b>Carrot Soup</b> Tuna, Egg &amp; Potato Salad over lettuce and tomato Egg Matzo Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>27</b> 100% Apple Juice <b>Beef Stew with carrots and potatoes</b> Egg Matzo Fresh Fruit <b>Yoga with Neal</b></p>	<p><b>28</b> Cabbage Soup <b>Tilapia with tomatoes and olives</b> Mashed Potatoes, Spinach Egg Matzo, Macaroons <b>Book Club</b></p>	<p><b>29</b> Chunky Vegetable Soup <b>Eggplant Cutlets</b> Roasted Sweet Potatoes Green and Yellow Squash Fresh Fruit <b>Chocolate Matzo</b></p>	<p><b>30</b> Chicken Soup <b>Stuffed Cabbage</b> Tzimmis with carrots and sweet potatoes Egg Matzo, Baked Apples <b>Dance Therapy</b></p>