








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</p> <p>Suggested Donation \$3.00</p>			<p>1 Spinach Soup Zucchini & Cheese Omelet Home Fried Potatoes Mixed Fresh Fruit</p> <p>BINGO</p>	<p>2 Chicken Soup Chicken Paprikash over Egg Noodles Peas and Pearl Onions Challah Lemon Squares Tai Chi</p>
<p>5 Butternut Squash Soup Knockwurst on a Bun Baked Beans Broccoli Fresh Fruit</p> <p>BINGO</p>	<p>6 Tossed Salad Fish Stew with Carrots and Potatoes Multi Grain Bread Chocolate Pudding Yoga with Neal</p>	<p>7 Split Pea Soup Meatball Sub Green Beans Fresh Fruit Salad</p>  <p>Rabbi Goldwasser</p>	<p>8 Garden Vegetable Soup Noodle Kugel with sour cream Tossed salad with tuna Oatmeal Cookie</p> <p>BINGO</p>	<p>9 Matzo Ball Soup Honey Chicken Baked Sweet Potato Zucchini, Challah Apple Crisp RI Resource Recovery</p>
<p>12 Lentil Soup Chicken Pot Pie with Peas, Carrots, and Potatoes Spiced Apples</p> <p>BINGO</p>	<p>13 Vegetable Soup Blueberry Blintzes with sour cream Baby carrots Cookie Kibbitz with Neal</p>	<p>14 Corn chowder Fish with Crumb Topping Scalloped Potatoes Peas and Pearl Onions Fresh Fruit Tsilil on Israel</p> 	<p>15 Tossed Salad Vegetable Chili with Corn and Cheese Tortilla Chips Flan</p> <p>BINGO</p>	<p>16 Chicken Soup Lemon Chicken Roasted Potatoes Broccoli, Challah Cake with Topping Music with Jeanne Evans</p> 
<p>19 Closed</p>  <p>President's Day</p>	<p>20 Minestrone Soup Calzone with Spinach, Cheese & Mushrooms Tossed Salad Fresh Fruit</p> <p>Yoga with Neal</p>	<p>21 Bubbies' Cabbage Soup Salmon Croquets Potato Wedges Steamed Cauliflower Lemon Pudding</p> <p>URI Pharmacy</p>	<p>22 Tortilla Soup Cheese and Caramelized Onions Quesadilla with sour cream & salsa Zucchini Wedges, Rice Fruit Salad</p> <p>BINGO</p>	<p>23 Chicken Soup Stuffed Cabbage Baked Sweet Potato Sautéed Peas Challah Coffee Cake Dance Therapy</p>
<p>26 Egg Drop Soup Chicken Chow Mein with Oriental Vegetables over Brown Rice Chow Mein noodles Mandarin Oranges</p> <p>BINGO</p>	<p>27 Creamy Tomato Soup Caesar Salad with Egg and Cheese Multi Grain Bread, Mixed Fresh Fruit</p> <p>Hamentashen Bake</p>	<p>28 Broccoli Cheddar Soup Tilapia with olives & tomatoes Brown Rice Pilaf Peas and Carrots Banana Pudding Book Club</p>	<p>Kosher Senior Café brought to you with assistance from</p> 	 <p>BLACKSTONE HEALTH</p>