


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Closed New Year's</p>	<p>2 Vegetable Soup Shepherd's Pie w/Peas & Carrots Sliced Peaches 11:00 Games 1:00 Kibbitz</p>	<p>3 Mushroom Barley Soup Chef Salad with Tuna & boiled Egg on whole wheat Chilled Pears 11:15 Dance Therapy 1:00 Weather makers</p>	<p>4 100% Orange Juice French Toast Scrambled Eggs Home Fries, Fresh Fruit 11:00 Games 1:00 Kibbitz</p>	<p>5 Chicken Noodle Soup Stuffed Cabbage Peas, Red Potatoes Challah, Apple Turnover 11:15 Dance Therapy 1:00 Kibbitz</p>
<p>8 Tossed Salad Beef Stew with carrots & potatoes Bread, Fresh Fruit 11:15 Yoga W/Neal 1:00 Kibbitz</p>	<p>9 Vegetable Soup, Noodle Kugel w/ Sour Cream Scoop of Tuna, Fresh Fruit 11:00 Games 1:00 Kibbitz</p>	<p>10 Corn Chowder Fish w/ Crumb Topping Roasted Potatoes Steamed Zucchini Chocolate Pudding 11:15 Dance Therapy 1:00 Olympic Preview</p>	<p>11 Lentil Soup Egg Salad Sandwich on whole wheat Chopped Salad Oatmeal Raisin Cookie 11:00 Games 1:00 Kibbitz</p>	<p>12 Chicken Noodle Soup Roasted Chicken Baked Potato Mixed Vegetables, Challah Blueberry Crumble 11:15 Tai Chi 1:00 Kibbitz</p>
<p>15</p> <p>Closed Martin Luther King Day</p>	<p>16 Vegetable Soup Fish w/Crumb Topping Sweet Potatoes Buttered Peas, Pudding 11:00 Games 1:00 Kibbitz</p>	<p>17 Butternut Squash Soup Knockwurst on a Bun Sweet Potato Fries Green Beans, Diced Pears 11:15 Dance Therapy 1:00 URI Pharmacy</p>	<p>18 Squash Soup Spinach and cheese calzone Tossed Salad Fresh Fruit 11:00 Games 1:00 Kibbitz</p>	<p>19 Chicken Soup Brisket Kasha Varnishkes, Challah Cauliflower, Apple Strudel 11:15 Yoga with Neal 1:00 Birthday music</p>
<p>22 Potato Leek Soup Sloppy Joe Whole Wheat Bun Carrots, Oatmeal Cookie 11:15 Yoga with Neal 1:00 Kibbitz</p>	<p>23 Vegetable Soup Macaroni & Cheese Tossed Salad Fruit Cocktail 11:00 Games 1:00 Kibbitz</p>	<p>24 Corn Chowder Fish with Crumb Topping Brown Rice Pilaf Steamed Zucchini, Pudding 11:15 Dance Therapy 1:00 Rabbi Sarah Mack</p>	<p>25 Tortilla Soup Cheese & Onion Quesadilla Cauliflower, Rice, Salad 11:00 Games 1:00 Kibbitz</p>	<p>26 Chicken Soup Shake & Bake Chicken Roasted Sweet Potato Broccoli, Challah Apple Strudel 11:15 Klezmer Zumba 1:00 Kibbitz</p> 
<p>29 Hearty Tomato Soup Pepper Steak Wild Rice Mix Carrots, Fresh Fruit 11:15 Granola Bake 1:00 Kibbitz</p>	<p>30 Minestrone Soup Eggplant Rollatini Pasta With Sauce Tossed Salad, Fresh Fruit 11:00 Games 1:00 Kibbitz</p>	<p>31 Bubbies' Cabbage Soup Salmon Loaf Potato Wedges Broccoli Spears, Pudding 11:15 Dance Therapy 1:00 Tu B'shvat</p>	<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101 Suggested Donation \$3.00</p>	<p>Kosher Senior Café brought to you with assistance from</p> 