

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</b></p>	<p>Lunch is served at noon</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">Suggested Donation \$3.00</div>	<p><b>Kosher Meals on Wheels brought to you with assistance from</b></p> <div style="text-align: center;">  </div>	<p><i>Begins on Dec 12</i></p> <div style="text-align: center;">  <p><b>Happy Hanukkah</b></p> </div>	<p><b>1</b> Chicken Orzo Soup <b>Honey Orange Chicken</b> Barley Pilaf Cauliflower Cake w/Topping Challah <b>Tai Chi</b></p>
<p><b>4</b> Escarole Soup <b>Eggplant Rollatini</b> <b>Whole Wheat Pasta With Marinara Sauce</b> Tossed Salad Fruit Cocktail</p> <p style="text-align: center;"><b>BINGO</b></p>	<p><b>5</b> Mixed Bean Soup <b>Egg Salad Grinder on Wheat Roll</b> Vegetable Pasta Salad Fresh Fruit <b>Yoga with Neal</b></p>	<p><b>6</b> Corn Chowder <b>Sole with Crumb Topping</b> Sweet Potatoes Roasted Vegetables Oatmeal Cookie <b>Current Events Discussion</b></p>	<p><b>7</b> French Onion Soup <b>Spinach &amp; Cheese Quiche</b> Home Fries Peppers and Onions Chilled Apricots</p> <p style="text-align: center;"><b>BINGO</b></p>	<p><b>8</b> Chicken Soup <b>Roasted Chicken</b> with Cranberry sauce Israeli Couscous String Beans Apple Strudel, Challah <b>Health and Wealth With Lara Amaral</b></p>
<p><b>11</b> 100% Pineapple Juice <b>Pepper Steak</b> Zucchini Brown Rice Fruit Cocktail</p> <p style="text-align: center;"><b>BINGO</b></p>	<p><b>12</b> Hearty Tomato Soup <b>Noodle Kugel With Sour Cream</b> Scoop of Egg Salad Glazed Carrots Sliced Peaches <b>Cookie Bake</b></p>	<p><b>13</b> 100% Orange Juice <b>Bagel &amp; Lox</b> Cream Cheese, Lettuce, Tomato &amp; Red Onion 3 Bean Salad Banana Pudding <b>Memory Care</b></p>	<p><b>14</b> Barley Soup <b>Chef Salad with Tuna &amp; Egg</b> Multi Grain Bread Fresh Fruit</p> <p style="text-align: center;"><b>BINGO</b></p>	<p><b>15</b> Matzo Ball Soup <b>Salmon Croquettes</b> Potato Latkes Sour Cream &amp; Applesauce Carrots, Cookies, Challah <b>Hanukkah Party</b> <b>Bus to Providence</b></p>
<p><b>18</b> Split Pea Soup <b>American Chop Suey</b> Broccoli Sliced Peaches</p> <p style="text-align: center;"><b>BINGO</b></p>	<p><b>19</b> Vegetable Soup <b>Cheese Quesadilla</b> Sour Cream, Guacamole Brown Rice &amp; Beans Tossed Salad, Fresh Fruit <b>Yoga with Neal</b></p>	<p><b>20</b> 100% Apple Juice <b>Fish Stew With Carrots and Potatoes</b> Chopped Salad, Bread Chocolate Pudding <b>Book Club Meeting</b></p>	<p><b>21</b> Cabbage Soup <b>Spinach &amp; Cheese Calzone</b> Tossed Salad Vanilla Pudding</p> <p style="text-align: center;"><b>BINGO</b></p>	<p><b>22</b> Chicken Soup <b>Lemon Chicken</b> Baked Sweet Potato Broccoli, Challah Pumpkin Roll <b>Big Money</b> <b>BINGO</b></p>
<p><b>25</b> <b>Closed for Holiday</b></p> <div style="text-align: center;">  </div>	<p><b>26</b> 100% Apple Juice <b>Chicken Pot Pie with Carrots, Peas, and Potatoes</b> Hot Apples <b>Yoga with Neal</b></p>	<p><b>27</b> Corn Chowder <b>Sole with Crumb Topping</b> Scalloped Potatoes Peas, Fresh Fruit <b>Suzie Adler</b></p>	<p><b>28</b> Lentil Soup <b>Blueberry Blintzes With Sour Cream</b> Carrots Butterscotch Pudding</p> <p style="text-align: center;"><b>BINGO</b></p>	<p><b>29</b> Chicken Noodle Soup <b>Meatloaf with Gravy</b> Buttered Egg Noodles String Beans, Challah Blueberry Turnover <b>Dance Therapy</b></p>