

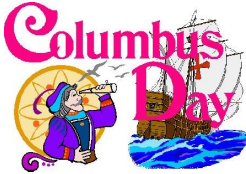






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Tossed Salad Cheese Quesadillas Fresh Salsa, Sour Cream Peas & Brown Rice, Trifle 11:15 Exercise 1:00 Kibbitz</p>	<p>3 Barley Soup Hamburger with Bun Sweet Potato Fries Broccoli Slaw Fresh Pears 1:00 Kibbitz</p>	<p>4 100% Orange Juice Bagels with Cream Cheese & Lox Lettuce, Tomatoes & Onion Fresh Fruit 11:15 Exercise 1:00 Kibbitz</p>	<p>5 Closed Sukkot</p> 	<p>6 Closed Sukkot</p> 
<p>9 CLOSED</p> 	<p>10 Split Pea Soup Fish W/ Crumb Topping, Mashed Potatoes Spinach Fresh Fruit 1:00 Kibbitz</p>	<p>11 Squash Soup Noodle Kugel With Sour Cream, Scoop of Tuna, Salad Chocolate Pudding 11:15-12:00 Exercise 1:00 Kibbitz</p>	<p>12 Closed Shemini Atzeret</p> 	<p>13 Closed Simchat Torah</p> 
<p>16 Chunky Carrot Soup Turkey a La King over Egg Noodles Green beans Oatmeal Raisin Cookie 11:15 Exercise 1:00 Kibbitz</p>	<p>17 Vegetable Soup Egg Salad on Whole Wheat With Lettuce, & Tomatoes Sweet Potato Fries Three Bean Salad Peaches 1:00 Kibbitz</p>	<p>18 Bubbie's Cabbage Soup Salmon Croquets Mixed Vegetables Diced Pears 11:15 Cookie Bake 1:00 URI Pharmacy</p>	<p>19 Tossed Salad Vegetable Chili with cheese Brown Rice Corn Bread Fresh Fruit 1:00 Kibbitz</p>	<p>20 Chicken Soup Lemon Chicken Egg noodles Zucchini Cupcake, Challah 11:15 Exercise 1:00 Mike Coletta, Music</p> 
<p>23 100% Orange Juice Spinach & Cheese Quiche Home Fries Fresh Fruit 11:15 Exercise 1:00 Kibbitz</p>	<p>24 Lentil Soup Chicken Pot Pie Zucchini Fruit Cup 1:00 Kibbitz</p>	<p>25 Vegetable Soup Sole with Crumb Topping Brown Rice Pilaf String Beans, Fresh Fruit 11:15 Exercise 1:00 Susie Adler, JERI</p>	<p>26 Mushroom Barley Soup Chef Salad with Egg & Cheese Multi Grain Bread Tapioca Pudding 1:00 Kibbitz</p>	<p>27 Chicken Soup Chicken Marsala Sweet Potato, Vegetables Blueberry Turnover 11:15 Exercise 1:00 Tara, JFS SW</p>
<p>30 Split Pea Soup Shepherd's Pie with Mashed Potatoes, Peas & Carrots, Buttered Corn, Diced Pears 11:15 Exercise 1:00 Kibbitz</p>	<p>31 Minestrone Soup Spinach & Cheese Calzone Tossed Salad Chocolate Pudding 1:00 Kibbitz</p>	<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</p>	<p>Kosher Senior Café brought to you with assistance from</p>  <p>Jewish Alliance OF GREATER RHODE ISLAND</p>	<p>Suggested Donation \$3.00</p>