




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</b> Suggested Donation \$3.00</p>	<p><b>Kosher Senior Café brought to you with assistance from</b></p> 			<p><b>1 End of Summer Picnic</b> Chilled Lemonade <b>Hot Dog on Roll, BBQ Chicken Leg</b> Potato Salad, Challah Coleslaw, Watermelon <b>Bus to Goddard Park pickup at 10:00am</b></p>
<p><b>4 CLOSED</b></p>  <p><b>LABOR DAY</b></p>	<p><b>5 Vegetable Soup Sloppy Joe on whole wheat roll</b> Chopped Salad Sliced Peaches <b>1:00 Kibbitz</b></p>	<p><b>6 French Onion Soup Spinach &amp; Cheese Quiche</b> Home Fried Potatoes Broccoli, Pudding <b>11:15 Exercise</b> <b>1:00 Kibbitz</b></p>	<p><b>7 Chunky Tomato Soup Tuna Salad Sandwich w/ Lettuce and Tomato</b> Vegetable Pasta Salad Fresh Fruit <b>1:00 Kibbitz</b></p>	<p><b>8 Chicken Soup Shake &amp; Bake Chicken</b> Mashed Potatoes Sautéed Peas Peach Crisp, Challah <b>11:15 Dance Therapy</b> <b>1:00 Adam Greenman</b></p>
<p><b>11 Carrot Soup Italian Grinder</b> Orzo Vegetable Salad Fresh Fruit <b>11:15 Exercise</b> <b>1:00 Kibbitz</b></p>	<p><b>12 Corn Chowder Sole Crumb Topping</b> Sweet Potatoes Roasted Vegetables Fresh Fruit <b>1:00 Kibbitz</b></p>	<p><b>13 Tossed Salad Eggplant Rollatini</b> Pasta w/ marinara sauce Fresh Fruit <b>11:15 Exercise</b> <b>1:00 Aaron Regunberg</b></p>	<p><b>14 Beet Borscht with sour cream</b> <b>Blintzes Soufflé</b> Baby Carrots Oatmeal Cookie <b>1:00 Kibbitz</b></p>	<p><b>15 Happy Birthday</b> Chicken Noodle Soup <b>Roast Turkey with Gravy</b> Sweet Potatoes, peas &amp; onions Cupcake, Challah <b>11:15 Tai Chi</b> <b>1:00 POW-MIA Day</b></p>
<p><b>18 Vegetable Soup Sole with Lemon Butter</b> Brown Rice Pilaf, String Beans Chocolate Pudding <b>11:15 Exercise</b> <b>1:00 Air Force "B" Day</b></p>	<p><b>19 Butternut Squash Soup Noodle Kugel w/sour cream</b> Scoop of Tuna Tossed Salad, Fruit Salad <b>1:00 Kibbitz</b></p>	<p><b>20 Matzo Ball Soup Brisket</b> Kasha Varnishkes Grilled Vegetables, Cake <b>11:15 Exercise</b> <b>1:00 URI Pharmacy</b></p>	<p><b>21</b> <b>Closed</b> <b>Rosh Hashanah</b></p>	<p><b>22</b> <b>Closed</b> <b>Rosh Hashanah</b></p> 
<p><b>25 Potato Leek Soup Swedish Meatballs</b> Egg Noodles, Carrots Fresh Fruit <b>11:15 Exercise</b> <b>1:00 Kibbitz</b></p>	<p><b>26</b> 100% Orange Juice <b>Stuffed French Toast</b> Home Fries Fruit Cup <b>1:00 Kibbitz</b></p>	<p><b>27 Corn Chowder Sole Crumb Topping</b> Sweet Potatoes Roasted Root Vegetables Baked Sliced Apples <b>11:15 Exercise</b> <b>1:00 Kibbitz</b></p>	<p><b>28</b> Cabbage Soup <b>Spinach &amp; Cheese Calzone</b> Tossed Salad Vanilla Pudding <b>1:00 Kibbitz</b></p>	<p><b>29 Chicken Soup Chicken Marsala</b> Brown Rice Pilaf Mixed Vegetables Apple Strudel, Challah <b>11:15 Exercise</b> <b>1:00 Kibbitz</b></p>