




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</b></p>	<p><b>Kosher Senior Café brought to you with assistance from</b></p> 	<p><b>Suggested Donation \$3.00</b></p>	<p><b>Lunch is served at noon. Scheduled activities begin at 11:00 unless otherwise noted.</b></p>	<p><b>1 End of Summer Picnic</b> Chilled Lemonade <b>Hot Dog on Roll, BBQ Chicken Leg</b> Potato Salad, Challah Coleslaw, Watermelon <b>Bus to Goddard Park pickup at 10:30 am</b></p>
<p><b>4 CLOSED</b></p>  <p><b>LABOR DAY</b></p>	<p><b>5 Vegetable Soup Sloppy Joe on whole wheat roll</b> Chopped Salad Sliced Peaches <b>Yoga with Neal</b></p>	<p><b>6 French Onion Soup Spinach &amp; Cheese Quiche</b> Home Fried Potatoes Broccoli, Pudding</p> <p><b>BINGO</b></p>	<p><b>7 Chunky Tomato Soup Tuna Salad Sandwich w/ Lettuce and Tomato</b> Vegetable Pasta Salad Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>8 Chicken Soup Shake &amp; Bake Chicken</b> Mashed Potatoes Sautéed Peas Peach Crisp, Challah <b>Tai Chi</b></p>
<p><b>11 Carrot Soup Italian Grinder</b> Orzo Vegetable Salad Fresh Fruit <b>11:15 1:00 Kibbitz</b></p> <p><b>BINGO</b></p>	<p><b>12 Corn Chowder Sole Crumb Topping</b> Sweet Potatoes Roasted Vegetables Fresh Fruit <b>Yoga with Neal</b></p>	<p><b>13 Tossed Salad Eggplant Rollatini</b> <b>Pasta w/ marinara sauce</b> Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>14 Beet Borscht with Sour Cream</b> <b>Blintzes Soufflé</b> Baby Carrots Oatmeal Cookie <b>Apple Bake</b></p>	<p><b>15 Happy Birthday</b> Chicken Noodle Soup <b>Roast Turkey with Gravy</b> Sweet potatoes, peas &amp; onions Cupcake, Challah <b>Stanley Freedman &amp; Friends</b></p>
<p><b>18 Vegetable Soup Sole with Lemon Butter</b> Brown Rice Pilaf, String Beans Chocolate Pudding</p> <p><b>BINGO</b></p>	<p><b>19 Butternut Squash Soup Noodle Kugel w/sour cream</b> Scoop of Tuna Tossed Salad, Fruit Salad <b>Yoga with Neal</b></p>	<p><b>20 Matzo Ball Soup Brisket</b> Kasha Varnishkes Grilled Vegetables Honey Cake</p> <p><b>11:15 URI Pharmacy</b></p>	<p><b>21 Closed Rosh Hashanah</b></p>	<p><b>22 Closed Rosh Hashanah</b></p> 
<p><b>25 Potato Leek Soup Swedish Meatballs</b> Egg Noodles, Carrots Fresh Fruit</p> <p><b>BINGO</b></p>	<p><b>26 100% Orange Juice Stuffed French Toast</b> Home Fries Fruit Cup <b>Yoga with Neal</b></p>	<p><b>27 Corn Chowder Sole Crumb Topping</b> Sweet Potatoes Roasted Root Vegetables Baked Sliced Apples</p> <p><b>BINGO</b></p>	<p><b>28 Cabbage Soup Spinach &amp; Cheese Calzone</b> Tossed Salad Vanilla Pudding <b>11:00 Book Club</b></p>	<p><b>29 Chicken Soup Chicken Marsala</b> Brown Rice Pilaf Mixed Vegetables Apple Strudel, Challah <b>11:15 Dance Therapy</b></p>