


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</p> <p>Suggested Donation \$3.00</p>	<p>1 Escarole Bean Soup English Muffin Pizzas Tossed Salad Tropical Fruit Salad Tisha B'Av</p>	<p>2 Corn Chowder Cod w/ Crumb Topping, Brown Rice Pilaf Vegetable Mix Tapioca Pudding 11:15 Exercise 1:00 Rabbi Franklin</p>	<p>3 Bubbie's Cabbage Soup Egg Salad Sandwich on Wheat Bread w/Lettuce and Tomato Three Bean Salad Fresh Seasonal Fruit 1:00 Coast Guard B-Day</p>	<p>4 Chicken Soup Lemon Chicken Sweet Potatoes Roasted Veggies Challah, Watermelon 11:15 Dance Therapy 1:00 Kibbitz</p>
<p>7 Chunky Tomato Soup Cobb Salad Multi Grain Bread Chocolate Pudding 11:15 Exercise 1:00 Purple Heart Day</p>	<p>8 Cream of Broccoli Soup Whole Grain Spaghetti & Meatballs Veggie Blend Garlic Stick Fruit Cup BINGO</p>	<p>9 100% Pineapple Juice Bagels & Lox Cream Cheese, Lettuce, Tomato & Red Onion 3 Bean Salad, Jell-O 11:15 Exercise 1:00 Rabbi Klein</p>	<p>10 Minestrone Soup Tuna Salad on Multigrain Bread Sweet Potato Fries Tomato & Cucumber salad Fresh Seasonal Fruit 11:00 Pastry Bake</p>	<p>11 Chicken Soup Stuffed Pepper Mashed Potato, Zucchini Challah, Apple Strudel 11:15 Exercise 1:00 Kibbitz</p>
<p>14 Closed Victory Day</p> 	<p>15 100% Apple Juice Chicken Salad w/ Lettuce, Tomatoes Multi Grain Bread Banana 1:00 Kibbitz National Relaxation Day</p>	<p>16 Corn Chowder Sole w/ Crumb Top Wild Rice, Carrots Chocolate Pudding 11:15 Exercise 1:00 Rabbi Philmus</p>	<p>17 Tossed Salad Baked Macaroni & Cheese Italian Vegetable Blend Fruit Cup 1:00 Kibbitz</p>	<p>18 Chicken Soup Roasted Chicken Israeli Couscous, Broccoli Challah, Coffee Cake 11:15 Exercise 1:00 Music by Lloyd Kaplan</p>
<p>21 Squash Soup Calzone with Spinach, Cheese, & Olives Tossed Salad, Diced Peaches 11:15 Exercise 1:00 Senior Citizens Day</p>	<p>22 Egg Drop Soup Beef with Broccoli Brown Rice Mandarin Oranges</p> <p>BINGO</p>	<p>23 100% Orange Juice Scrambled Eggs Ground Beef Hash Spinach, Bread, Fresh Fruit 11:15 Exercise 1:00 Kibbitz</p>	<p>24 Beef Barley Soup Knockwurst w/Bun Baked Beans Coleslaw Rice Pudding 1:00 Kibbitz</p>	<p>25 Chicken Soup Meat Loaf with Gravy Baked Potato, Sweet Peas, Challah, Angel Cake 11:15 Exercise 1:00 Kibbitz</p>
<p>28 Tortilla Soup Cheese Quesadilla w/Sour Cream & Salsa Yellow Rice Zucchini, Melon 11:15 Exercise 1:00 Kibbitz</p>	<p>29 Vegetable Soup Chicken Wings Baked Sweet Potato Broccoli Jell-O 1:00 Rabbi Mack</p>	<p>30 Carrot Soup Noodle Kugel with sour cream Scoop of Tuna Tossed Salad, Peaches 11:15 Exercise 1:00 Kibbitz</p>	<p>31 100% Apple Juice Shepherds Pie Tossed Salad Diced Pears 11:00 Making Chocolate Dipped Strawberries</p>	<p>Kosher Senior Café brought to you with assistance from</p> 