







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 100% Orange Juice French Toast w/ Preserves Scrambled Eggs Home Fries, Fruit Salad 11:15 Exercise 1:00 Kibbitz</p>	<p>4 Closed Independence Day </p>	<p>5 Tossed Salad Fish with Crumb Topping Roasted Potatoes, Broccoli Tapioca Pudding 11:15 Exercise 1:00 Rep. Regunberg</p>	<p>6 Tossed Salad Meat Loaf w/Gravy Mashed Potatoes Bean Medley Fresh Fruit 1:00 Kibbitz</p>	<p>7 Chicken Soup Shake & Bake Chicken Mashed Potatoes, Sautéed Peas Peach Crisp, Challah 11:15 Dance Therapy 1:00 Rabbi Goldwasser</p>
<p>10 Vegetable Soup American Chop Suey with Elbow Pasta Green Beans, Fruit Cup 11:15 Exercise 1:00 Kibbitz</p>	<p>11 Tossed Salad Eggplant Rollatini whole wheat pasta w/ marinara sauce Fresh Fruit Cup </p>	<p>12 Beet Borscht Bagel & Lox Cream Cheese, Lettuce, Tomato & Red Onion Fresh Seasonal Fruit 11:15 Exercise 1:00 Fire Safety</p>	<p>13 French Onion Soup Spinach & Cheese Quiche Home Fries Roasted Vegetables Chocolate Pudding 1:00 Kibbitz</p>	<p>14 Chicken Soup Apricot Chicken Egg Noodles Broccoli, Challah Sponge Cake w/ Fruit topping 11:15 Tai Chi 1:00 Rabbi Zerlin</p>
<p>17 Escarole Soup Hamburger on a Roll Lettuce and Tomato Vegetable Pasta Salad, Peaches 11:15 Exercise 1:00 Kibbitz</p>	<p>18 Noodle Soup Chef's Salad w/ egg & cheese Multi Grain Bread Fresh Fruit </p>	<p>19 Corn Chowder Sole w/ Crumb Top Wild Rice, Carrots Chocolate Pudding 11:15 Exercise 1:00 Susie Adler</p>	<p>20 Chilled 100% Juice Italian Grinder w/ lettuce and tomato Orzo Vegetable Salad Fresh Fruit 1:00 Kibbitz</p>	<p>21 HAPPY BIRTHDAY Chicken Rice Soup Roasted Chicken Baked Potato, Veggie Blend, Challah, Cake  11:15 Yoga with Neal 1:00 Susan McLeod</p>
<p>24 Vegetable Soup Knockwurst w/Bun Tater Tots Coleslaw, Peaches 11:15 Exercise 1:00 Kibbitz</p>	<p>25 Cucumber Dill Soup Noodle Kugel w/sour cream Scoop of Tuna Tossed Salad Jell-O </p>	<p>26 100% Apple Juice Chicken Salad sandwich Potato Salad, Fruit 11:15 Exercise 1:00 Rabbi Adler</p>	<p>27 Carrot Soup Egg Salad & Potato Salad Lettuce, Tomato, Cucumber Chilled Melon 1:00 Korean War Day</p>	<p>28 Celebration In Providence Chicken Soup, Brisket Kasha Varnishkes Grilled Vegetables Challah, Apple Strudel 11:00 Music by the Providence Civic Orchestra</p>
<p>31 100% Apple Juice Chicken Pot Pie with Peas & Carrots Tossed Salad with Dressing Diced Pears 11:15 Exercise 1:00 Kibbitz</p>	<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</p>	<p>Kosher Senior Café brought to you with assistance from  Jewish Alliance <small>OF GREATER RHODE ISLAND</small></p>	<p>Suggested Donation \$3.00</p>	