




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Vegetable Soup <b>Sweet &amp; Sour Meat Balls</b> Mashed Potatoes Broccoli, Sliced Peaches <b>11:15-12:00 Exercise</b> <b>1:00-2:00 Kibbitz</b>	<b>4</b>	<b>5</b> Tossed Salad <b>Beef Stew with Carrot &amp; Potatoes</b> Egg Matzo , Fruit Cocktail <b>11:15-12:00 Exercise</b> <b>1:00-2:00 Kibbitz</b>	<b>6</b>	<b>7</b> Chicken Soup <b>Chicken Marsala</b> Sweet Potato, Mixed Vegetables Egg Matzo, Fresh Fruit <b>11:15-12:00 Dance</b> <b>1:00-2:00 Oral Health</b>
<b>10</b> Cabbage Soup <b>Tilapia w Crumb top</b> Roasted Potatoes, Spinach Egg Matzo, Fresh Fruit <b>11:15-12:00 Exercise</b> <b>1:00-2:00 Kibbitz</b>	<b>11</b> <b>Closed Passover</b>	<b>12</b> <b>Closed Passover</b>	<b>13</b> Tossed Salad <b>Matzo Lasagna</b> Zucchini Egg Matzo , Jelly Roll <b>11:15-12:00 Yoga</b> <b>1:00-2:00 Jeffersons B</b>	<b>14</b> Matzo Ball Soup <b>Brisket</b> Farfel Stuffing, Broccoli Egg Matzo, Fresh Fruit <b>11:15-12:00 Tai Chi</b> <b>1:00-2:00 Music of Nicholas King</b>
<b>17</b> <b>Closed Passover</b>	<b>18</b> <b>Closed Passover</b>	<b>19</b> Tomato Soup <b>Turkey a la King w/ Peas &amp; Carrots</b> Egg Noodles , Fruit Cocktail <b>11:15-12:00 Exercise</b> <b>1:00-2:00 Kibbitz</b>	<b>20</b> Leek Soup <b>Egg Salad Grinder w/lettuce &amp; Tomato</b> Potato Salad Three Bean Salad, Fruit <b>11:00-2:00 At Dwares JCC Lunch &amp; Games W/ Teens</b>	<b>21</b> Chicken Soup <b>BBQ Chicken</b> Barley Bake, Mixed Veggies Challah, Cake <b>11:15-12:00 Yoga W/ Neal</b> <b>1:00-2:00 Music of Vini Ames</b> 
<b>24</b> Tomato Soup <b>Chef Salad With Turkey &amp; Egg</b> Multi Grain Bread, Fresh Fruit <b>11:15-12:00 Exercise</b> <b>1:00-2:00 Kibbitz</b>	<b>25</b>	<b>26</b> Corn Chowder <b>Sole W/ Crumb Topping</b> Brown Rice Pilaf String Beans , Fresh Fruit <b>11:15-12:00 Exercise</b> <b>1:00-2:00 URI Pharmacy</b>	<b>27</b> 	<b>28</b> Chicken Soup <b>Cranberry Chicken</b> Israeli Cous Cous Zucchini, Challah Apple Strudel <b>11:15-12:00 Yoga W/ Neal</b> <b>1:00-2:00 Ava Hallam</b>
Menu Subject to change with approval by Nutrition Director. Contact Blackstone Health for concerns regarding Food Allergies Tim 365-1101		Kosher Senior Café brought to you with assistance from Blackstone Health and the Jewish Alliance of Greater Rhode Island		<b>\$3.00 Suggested Donation</b>