

SAVE THE DATE: Friday · May 4 · 2018

19th Annual Julie Claire Gutterman Memorial Lecture

featuring George Faller, LMFT

“Emotionally Focused Therapy:
Cracking the Code of Love in Couples and Families ”

Crowne Plaza Hotel, Warwick, RI

Emotionally Focused Therapy, developed by Dr. Susan Johnson over the past 25 years, is one of the most empirically validated models of couples therapy in the world. Focusing on identifying repetitive negative patterns of interaction and replacing them with positive cycles of responsiveness, EFT provides a simple and powerful mechanism for change.

This day-long course will expand the concepts of EFT to families and introduce exciting new ideas from George's book *Sacred Stress*. Participants will learn to apply the language of attachment to effect change with their most challenging relationships and stressful events. Making use of videotapes, role plays, and experiential exercises, participants will both see and practice the skills of EFT, a model that is getting worldwide attention for its ability to create the safe haven and secure base that are emblematic of loving and durable relationships. Whether you work with individuals, couples, or families, you'll discover how to use EFT to understand emotional dynamics and access attachment issues, create new patterns of emotional healing, and implement a process for achieving deeper connections.

This course includes both didactic instruction and experiential approaches, mirroring the model itself, which help clients both understand their stuck places and have a new, corrective experience in the therapy room.

Application has been made for 6 CEUs, including 3 in Cross-Cultural practice, for social workers, psychologists, marriage and family therapists, and licensed mental health clinicians.

For info call or email JFS at 401.331.1244 or info@jfsri.org



George Faller, LMFT, is a world leader in helping people reconnect and in building strong relationships. George is a retired Lieutenant



of the NYC Fire Dept, a Licensed Marriage and Family Therapist in NY and CT and an Approved Supervisor for AAMFT. He is the founder and president of the New York Center for EFT (nyceft.org). As an EFT Trainer, George teaches at the Ackerman Institute for the Family in NYC, is a board member of the Porter Cason Institute for the Family at Tulane University and is the director of training at the Center for Hope and Renewal in Greenwich, CT. George also works as a marriage consultant and conference leader to the US Military, FDNY and many Wall Street executives in addition to training therapists across the U.S. and abroad. Specializing in trauma, Family EFT, and self-of-the-therapist issues, George is committed to bringing EFT to underserved populations and pushing the leading edge of EFT. He is co-author of *Sacred Stress: A Radically Different Approach to Using Life's Challenges for Positive Change* (2016).