


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</p>	<p>1 Escarole Bean Soup English Muffin Pizzas Tossed Salad Tropical Fruit Salad Tisha B'Av</p>	<p>2 Corn Chowder Cod w/ Crumb Topping, Brown Rice Pilaf Vegetable Mix Tapioca Pudding</p> <p>BINGO</p>	<p>3 Bubbie's Cabbage Soup Egg Salad Sandwich w/Lettuce and Tomato Three Bean Salad Fresh Seasonal Fruit</p> <p>BINGO</p>	<p>4 Chicken Soup Lemon Chicken Sweet Potatoes Roasted Veggies Challah, Watermelon Tai Chi</p>
<p>7 Chunky Tomato Soup Cobb Salad Multi Grain Bread Chocolate Pudding</p> <p>BINGO</p>	<p>8 Broccoli Soup Whole Grain Spaghetti & Meatballs Veggie Blend, Garlic Stick Fruit Cup Yoga with Neal</p>	<p>9 100% Pineapple Juice Bagel & Lox Cream Cheese, Lettuce, Tomato & Red Onion 3 Bean Salad, Jell-O Making Fruit Tarts</p>	<p>10 Minestrone Soup Tuna Salad on Multigrain Bread Sweet Potato Fries Tomato & Cucumber salad Fresh Seasonal Fruit</p>	<p>11 Chicken Soup Stuffed Pepper Mashed Potato, Zucchini, Challah Apple Strudel Kibbitz</p>
<p>14 Closed Victory Day</p> 	<p>15 100% Apple Juice Chicken Salad w/ Lettuce, Tomatoes Multi Grain Bread Banana Yoga with Neal</p>	<p>16 Corn Chowder Sole w/ Crumb Top Wild Rice Baby Carrots Chocolate Pudding</p> <p>BINGO</p>	<p>17 Tossed Salad Baked Macaroni & Cheese Italian Vegetable Blend Fruit Cup</p> <p>BINGO</p>	<p>18 Chicken Soup Roasted Chicken Israeli Couscous Broccoli & Cauliflower Challah Coffee Cake Music with Fishel Bresler</p>
<p>21 Squash Soup Calzone with Spinach, Cheese & Olives Tossed Salad Diced Peaches</p> <p>BINGO</p>	<p>22 Egg Drop Soup Beef with Broccoli Brown Rice Mandarin Oranges Yoga with Neal</p>	<p>23 100% Orange Juice Scrambled Eggs Ground Beef Hash Spinach Multi Grain Bread Fresh Fruit</p> <p>BINGO</p>	<p>24 Beef Barley Soup Knockwurst w/Bun Baked Beans Coleslaw Rice Pudding Kibbitz with Neal</p>	<p>25 Chicken Soup Meat Loaf with Gravy Baked Potato Sweet Peas, Challah Angel Cake w/Strawberries Dance Therapy</p>
<p>28 Tortilla Soup Cheese Quesadilla w/sour cream & salsa Yellow Rice Zucchini Melon</p> <p>BINGO</p>	<p>29 Vegetable Soup Chicken Wings Baked Sweet Potato Broccoli Jell-O Yoga with Neal</p>	<p>30 Carrot Soup Noodle Kugel w/Sour Cream, Tuna, Tossed Salad, Peaches Making Chocolate Dipped Strawberries</p>	<p>31 100% Apple Juice Shepherd's Pie Tossed Salad Diced Pears</p> <p>BINGO</p>	<p>Kosher Senior Café brought to you with assistance from</p> 