











MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</p>	<p>Kosher Senior Café brought to you with assistance from</p> 	<p>Suggested Donation \$3.00</p>	<p>1</p> <p>CLOSED Shavuot</p>	<p>2 Chicken Soup Roasted Chicken Baked Sweet Potatoes Cauliflower Challah, Peach Crisp Tai Chi with Chris</p>
<p>5 Vegetable Soup Knockwurst on Bun Baked Beans Coleslaw Fresh Fruit</p> 	<p>6 Tossed Salad Sweet and Sour Meatballs Buttered Noodles Vegetable Medley Fruited Jell-O Yoga with Neal</p>	<p>7 Corn Chowder Fish with Crumb Topping Brown Rice Pilaf Green Beans, Fresh Fruit Emily Jones, RI Interfaith Coalition to Reduce Poverty</p>	<p>8 Mushroom Barley Soup Shakshuka, Baked egg & Feta cheese on vegetables in tomato sauce Tossed Salad Pudding</p> 	<p>9 Chicken Soup Chicken & Gravy Mashed Potatoes Sautéed Summer Squash Challah, Brownie Violin Music with Hagop</p>
<p>12 Tossed Salad Hamburger on a Bun Sweet Potato Fries Steamed Broccoli Seasonal Fresh Fruit</p> 	<p>13 Tortilla Soup Cheese Quesadilla w/Sour Cream & Salsa Yellow Rice, Zucchini Fruit Cocktail Yoga with Neal</p>	<p>14 Lentil Soup Salmon Croquettes Brown Rice Pilaf Cauliflower Chocolate Pudding Kibbitz</p>	<p>15 Tossed Salad Noodle Kugel w/ Sour Cream Scoop of Tuna Baby Carrots Pudding</p> 	<p>16 HAPPY FATHER'S DAY Chicken Soup Brisket Kasha Varnishkes Sweet Peas, Challah Cake With Topping Birthday Music w/ Ken Lass</p> 
<p>19 100% Pineapple Juice Italian Grinder Oil & Vinegar Coleslaw Sweet Potato Fries Fresh Seasonal Fruit</p> 	<p>20 Split Pea Soup Chef Salad with Tuna & Egg Multi Grain Bread Fruit Cup Yoga with Neal</p>	<p>21 Vegetable Soup Chicken Salad w/ Multi grain Bread Lettuce & Tomato, Vegetable Pasta Salad Fresh Fruit URI Pharmacy</p>	<p>22 100% Apple Juice Cheese Blintz Soufflé w/Sour Cream Carrots Oatmeal Raisin Cookie</p> 	<p>23 Chicken Soup Honey Chicken Baked Potato Sautéed Zucchini, Challah Watermelon Dance Therapy</p>
<p>26 100% Grape Juice Egg Salad Grinder on Whole Grain Roll Lettuce and Tomato BBQ Cauliflower poppers Fresh Fruit</p> 	<p>27 Tossed Salad Beef Stew w/ Potatoes and Carrots Multi Grain Bread Seasonal Fruit Yoga with Neal</p>	<p>28 Corn Chowder Fish Crumb Topping Mashed Potatoes Baby Carrots Jello Kibbitz</p>	<p>29 Minestrone Soup Whole Wheat Ziti With Cheese, & Spinach, Tossed Salad Fruit Cocktail</p> 	<p>30 Anniversary Party Chilled Lemonade Hot Dog & Hamburger Whole Wheat Buns Potato Wedges, Cole slaw Watermelon Music by Hava Galina</p>